

# *Chabad at La Costa Times*

## *Nissan-Iyar 5778 / April '18*

### **Passover Plans '18**

Chabad at La Costa will again be offering a full array of Passover activities designed to educate the Jewish residents of North County in an engaging and meaningful way while encouraging additional observance of the special Passover traditions.

Chabad will be hosting a complete schedule of joyous and meaningful holiday services (holiday flyer to be mailed).

The highlight of the holiday are the warm and traditional Sedarim (traditional Passover meals). When the rabbis, of blessed memory, codified the Seder, they managed to create the ultimate in interactive learning opportunities. The hands-on approach of the Seder, and the inclusive nature of the narrative, ensures that everyone – *particularly the children* – have a meaningful experience that will not only make a strong positive impression now, but will create positive lifelong memories. Everyone is invited to partake of our home-cooked, Kosher for Passover, Sedarim. Information and reservations can be made by visiting [www.ChabadatLaCosta.com](http://www.ChabadatLaCosta.com).

### **Special Pesach Fund**

At this time of year it has been a long-standing tradition amongst Jews the world over to give extra charity to help the poor for Passover. Passover needs tend to be more costly than some families can afford. It is for this reason that Chabad at La Costa will again be raising money for distribution. This fund is called "*Ma'ot Chitim*," which literally means money for bread.

We need you to be as generous as you can to help the less fortunate Jews here and abroad. Perhaps you can donate \$108 so a family can be sponsored for our communal Seder? Please go online and use the secure donation link at [www.ChabadatLaCosta.com](http://www.ChabadatLaCosta.com). G-d promises those who give charity that it as if they have made a personal loan to the Almighty, and He always pays back, *with interest!*

### **Rosh Chodesh Women's Circle**

This month's Doris Markus Rosh Chodesh group for women will feature Moira Markowitz who will be discussing common medications, their attributes and interactions. Moira is a pharmacist and an expert. This interesting and important event will take place on Sunday, April 15<sup>th</sup> at 7:30pm. There is a modest \$10 per person charge to cover the cost of the refreshments. Contact Rebbetzin Nechama for further information at [nmome@sbcglobal.net](mailto:nmome@sbcglobal.net).

### **C-Kids Let's Chalk Kindness**

Sunday, April 22. *Bring a friend to Hebrew school!*

Spread kindness through street art! Experiment with cool forms of chalk to paint a neighborhood mural with messages of inspiration and friendship. Then continue the fun by creating "pay it forward" baskets to place good deeds and keep them growing!  
10 am-12

### **Mommy & Me Starting-up!**

Starting April 27 at 10:00 am. 6 week mommy and me series. Every Friday morning at 10:00 am at Morah Chaya's house. Learn through play, art, and music.

Our Mommy & Me program is a series of innovative classes that allow parents and children to experience Jewish tradition in a stimulating, fun, and creative environment. It is designed to be a place where your child's imagination can soar, providing the foundation for a lifelong love of learning.

At Mommy & Me parents join their little ones for storytelling, puppetry, sensory activities, art, snack, song, and movement – all with Jewish themes. Children learn new skills and form their first friendships in a safe, warm, and nurturing environment. Parents love it too!

All children from birth through four years old are welcome.

## New JLI Course Beginning in April

### What is?

### Rethinking everything we know about our universe

Imagine that you were able to rethink everything you knew about the universe, the laws of nature, your own consciousness, and the very idea of existence and reality. Imagine the new insights you will gain, the fresh perspective with which you will embark on the journey of life each morning.

What is? does exactly that. Drawing on the wisdom of Chassidic teaching, the most basic building blocks of existence are reexamined from the bottom up, revolutionizing our understanding of life, reality, and our place in the world.

Here are some of the highlights:

#### **Lesson One**

*Is the World Real?*

Everything that we experience, we experience inside our heads, leading to the intriguing question: Maybe there is no existence outside of our minds? But perhaps a more fundamental question would be: What practical difference does it make if the world is real or not?

#### **Lesson Two**

*Is Time Travel Possible?*

Is time the engine that drives the whole of existence, or is it just a product of our subjective experience? If the future is impenetrable, the past irretrievable, and the present moment too fleeting to meaningfully inhabit, what part of our lives can we call our own?

#### **Lesson Three**

*Why does evil exist?*

Why do bad things happen to good people? The question has been asked—and answered—for thousands of years. But even if we understood the purpose of evil, would this make it more palatable and acceptable? Would it aid us in our efforts to defeat evil?

#### **Lesson Four**

*Who is G-d?*

What are we talking about when we talk about G-d? Is “G-d” just a word we use when we

can't explain something? If G-d cannot be explained or described, does this not render the concept of “belief in G-d” completely meaningless?

#### **Lesson Five**

*What is consciousness?*

All injustice and strife, and even personal unhappiness, can be traced to selfishness. Yet self-esteem is essential for a healthy psyche and a productive life. To navigate this paradox, we first need to unravel the mystery of self-awareness: Where does our sense of self come from?

#### **Lesson Six**

*Are we bound by fate?*

If G-d already knows what we will do tomorrow, is our “free choice” nothing more than an illusion? And with so many powerful influences outside of our control—or even our awareness—influencing our choices, how “free” could they possibly be?

### Happy Birthday Club

We would like to wish Happy Birthday to all of those celebrating their birthday this month and each subsequent month. For the Month of April we honor Freida Sarah Fenton, Florrie Lieberman, Shmuel Dovid Israel, Avromie Israel, Avner Israel, Jaymi Hale, Monica Israel, Karen Miller, Fran Sekela, Julie Tubis, Julie Rozansky, Mitchell Atlas, Dovey Eilfort, Menachem Mendel Shapiro, Anna Rozansky, Cheryl Brown, Jordan Mintz, and Jessica Estrin. May G-d bless each and every one of you with a happy, healthy, and successful year!

### Calendar Season Begins! (& We Need YOUR Help)

We are getting an early start on our beautiful Jewish Art Calendar this year. Each year we have added more and more personalized content, reflecting greater community participation. This year we hope to include still more, but we need your help. When it comes to the ads, which is what enables us to send the calendars out for free to hundreds and hundreds of friends, we have found that when YOU help us sell ads, we truly prosper. Do you own or patronize a business that can use more exposure to our community? Those who help will receive free date dedications. Please contact Rabbi E for further information!

## April '18 / Nissan-Iyar 5778

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>2<sup>nd</sup> Day of Passover</b> Services @ 10am Holiday Ends @ 7:46pm	2 1 <sup>st</sup> <b>Intermediate Day of Pesach</b> Services @ 8am	3 2 <sup>nd</sup> <b>Intermediate Day of Pesach</b> Services 8am	4 <b>3<sup>rd</sup> Intermediate Day of Pesach</b> Services 8am	5 <b>4<sup>th</sup> Intermediate Day of Pesach</b> Services 8am  Light Candles @ 6:54pm	6 <b>7<sup>th</sup> Day of Passover</b> Services @ 10am Light Shabbat Candles 6:55pm	7 <b>Shabbat 8<sup>th</sup> Day of Passover</b> Services @ 10am <b>Yizkor @ 12pm</b> <i>Moshiach's Meal @ 6:30pm</i> Holiday Ends @ 7:51pm
8 Morning Services 8:30am  Hebrew School 9:30am - 12pm	9 Services 8am <i>Sign-up for new JLI Course: Rethinking everything we know about our universe</i>	10 Services 8am  Jewish Mysticism Class 7:30pm	11 Services 8am  Torah Portion Class 7:30pm	12 Services 8am  <i>Private Lessons Available</i>	13 Services 8am  Light Shabbat Candles: 7pm	14 Services 10am Parshat Shmini  Shabbat Ends 7:57pm
15 <b>Rosh Chodesh</b> Morning Services 8:30am Hebrew School 9:30am - 12pm <b>Rosh Chodesh Gathering 7:30pm</b>	16 <b>Rosh Chodesh</b> Services 8am <i>Sign-up for new JLI Course: Rethinking everything we know about our universe</i>	17 Services 8am  Jewish Mysticism Class 7:30pm	18 Services 8am  Torah Portion Class 7:30pm	19 Services 8am  <i>Private Lessons Available</i>	20 Services 8am  Light Shabbat Candles: 7:05pm	21 Services 10am Parshat Tazria-Metzora  Shabbat Ends 8:02pm
22 Morning Services 8:30am Hebrew School 9:30am - 12pm	23 Services 8am <i>Sign-up for new JLI Course: Rethinking everything we know about our universe</i>	24 Services 8am <i>New JLI Course BEGINS: Rethinking everything we know about our universe 7-9pm</i>	25 Services 8am  Torah Portion Class 7:30pm	26 Services 8am  <i>Private Lessons Available</i>	27 Services 8am  Light Shabbat Candles: 7:10pm	28 Shabbat Services 10am <i>Acharei-Kedoshim</i> Shabbat Ends 8:08pm
29 <b>Pesach Sheini</b> Services @ 8:30am Hebrew School 9:30am - 12pm <b>Israel Fest 11-3pm</b>	30 Services at 8am <b>Dovey Eilfort's 2<sup>nd</sup> Birthday Bash @ 4pm (at his place)</b>	<b>For Kids: *Mommy &amp; Me *C-Kids *Hebrew School</b>	<b>For Adults: *JLI *Classes *Services</b>	<b>For All: *Shabbat Services *Holiday Programs *Kiddushes</b>	<b>*Rabbinic Counseling *Educational Opportunities</b>	<b>*Family-Atmosphere *Jewish Pride *COMMUNITY!</b>

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Rabbi Yeruchem Eilfort • Rebbetzin Nechama Eilfort • Rabbi Elia Eilfort • Rebbetzin Chaya Eilfort • President Len Hyman

## *The Back Page*

### **Create Your Jewish Legacy** **Plan for the Future - NOW**

We have been blessed with life! Yet, we know that no one lives forever. This begs the question, “What will be ***your*** legacy?” Most of us have children, and they certainly should figure prominently into our plans. But our children are only a part of what we leave behind. Just as we endeavor to give Tzedakah generously, so as to selflessly make the world a better place while we are alive, so too we need to make sure that we leave a percentage of our estates for the benefit of others. Judaism tells us that it is incumbent upon us to leave the world better than when we found it. We do this by giving Tzedakah.

We can help.

Many people do not prepare appropriately for the inevitable. They do not leave a will, or even if they do it is not consistent with Jewish Law. If one wants his body to be handled with the respect and care mandated by Jewish Law or if one wants the funeral service conducted according to Jewish Law, it must be arranged in advance. Don't leave these critical details to luck!

Contact Rabbi Eilfort for a private appointment so these important matters can be handled how you want. Send a personal email to [RabbiE@ChabadatLaCosta.com](mailto:RabbiE@ChabadatLaCosta.com) to schedule an appointment today.