

# *Chabad at La Costa Times*

## *Iyar – Sivan 5778 / May '18*

### **New JLI Course Continues**

#### **What is?**

#### **Rethinking everything we know about our universe**

Imagine that you were able to rethink everything you knew about the universe, the laws of nature, your own consciousness, and the very idea of existence and reality. Imagine the new insights you will gain, the fresh perspective with which you will embark on the journey of life each morning.

What is? does exactly that. Drawing on the wisdom of Chassidic teaching, the most basic building blocks of existence are reexamined from the bottom up, revolutionizing our understanding of life, reality, and our place in the world.

Here are some of the highlights:

#### **Lesson Two**

*Is Time Travel Possible?*

Is time the engine that drives the whole of existence, or is it just a product of our subjective experience? If the future is impenetrable, the past irretrievable, and the present moment too fleeting to meaningfully inhabit, what part of our lives can we call our own?

#### **Lesson Three**

*Why does evil exist?*

Why do bad things happen to good people? The question has been asked—and answered—for thousands of years. But even if we understood the purpose of evil, would this make it more palatable and acceptable? Would it aid us in our efforts to defeat evil?

#### **Lesson Four**

*Who is G-d?*

What are we talking about when we talk about G-d? Is “G-d” just a word we use when we can’t explain something? If G-d cannot be explained or described, does this not render the concept of “belief in G-d” completely meaningless?

#### **Lesson Five**

*What is consciousness?*

All injustice and strife, and even personal unhappiness, can be traced to selfishness. Yet self-

esteem is essential for a healthy psyche and a productive life. To navigate this paradox, we first need to unravel the mystery of self-awareness: Where does our sense of self come from?

#### **Lesson Six**

*Are we bound by fate?*

If G-d already knows what we will do tomorrow, is our “free choice” nothing more than an illusion? And with so many powerful influences outside of our control—or even our awareness—influencing our choices, how “free” could they possibly be?

### **Mother’s Day Kiddush**

Our yearly Mother’s Day Kiddush is planned for Saturday, May 12<sup>th</sup>. Anyone who wants to honor his/her mother, mother-in-law, grandmother etc. is welcome to participate for \$18 for one person, \$36 for two, and \$54 for all additional names. All sorts of delicious treats will be prepared for this annual event. Please call the shul or Naomi Alter to be included.

### **Lag B’Omer Fun @ Shul (NOT THE BEACH) This Year!**

Join us on Thursday, May 3<sup>rd</sup> as we celebrate Lag B’Omer / 33<sup>rd</sup> day of the Omer. The period of time between the holidays of Passover and Shavuot are considered sad due to the horrible plague that struck down 24,000 students of Rabbi Akiva. On Lag B’Omer they dying stopped and so we celebrate! Additionally, Lag B’Omer is the Yartzeit of the author of the Zohar, Rabbi Shimon bar Yochai. He asked that the day of his passing be celebrated. This may seem strange until we understand that upon passing the soul ascends to a higher spiritual level and basks in the Divine Radiance. This is particularly true of the soul of a Tzaddik / Saint, whose influence in this world is said to increase after his physical passing.

To celebrate this awesome day we will be offering a cookout at the shul. In addition to lots of great food (burgers, hotdogs, salads, fries, desserts etc.) we will share stories, songs, and special activities for

the children (see next article). Reservations are greatly appreciated.

The cost for members and locals is \$18 per adult and \$10 per child (3-12). The cost for out of town guests is \$22 and \$12.

### **C-Kids Let's Chalk Kindness**

Thursday, May 3<sup>rd</sup> from 5-7pm. *Bring a friend!*  
Spread kindness through street art! Experiment with cool forms of chalk to paint a neighborhood mural with messages of inspiration and friendship. Then continue the fun by creating "pay it forward" baskets to place good deeds and keep them growing!

### **Calendar Season Begins!**

We are getting an early start on our beautiful Jewish Art Calendar this year. Each year we have added more and more personalized content, reflecting greater community participation. This year we hope to include still more, but we need your help. When it comes to the ads, which is what enables us to send the calendars out for free to hundreds and hundreds of friends, we have found that when YOU help us sell ads, we truly prosper. Do you own or patronize a business that can use more exposure to our community? Those who help will receive free date dedications. Please contact Rabbi E for further information!

### **Women's Rosh Chodesh Gathering** **Challah Workshop**

Rosh Chodesh Sivan - We will be hosting a challah bake at Chabad. Three Challah recipes 1. Nechama's Traditional Challah. 2. Honey Whole Wheat Challah. 3. Eggless Spelt Challah (vegan) Learn braiding techniques (3-braid, 4-braid, 6-braid, round braid) and the mystical significance of the ingredients. Thursday May 17th at 7pm. The Challahs will be served at the **Family Friday Night meal** the next night

### **Happy Birthday Club**

We would like to wish Happy Birthday to all of those celebrating their birthday this month and each subsequent month. For the Month of May we honor Alexa Horowitz, Shayna Steelman, Rhonda Bloom, Tony French, Ilana Steelman, Channah Hale, Sam Estrin, Ashley Rack, Michael Estrin, Paula Brunelle, Suzanne Haray, Jacob Rozansky, Lonnie Belfer, Roger Lieberman, Orah Shapiro, Phyllis Mintz, Joanna Lieberman, Rebecca Steiner, Chava Eilfort, B'Reena Unger, Sarica Fink,

Channah Hale, Aaron Alter, Naomi Alter, and Joseph Ahlzadeh. May G-d bless each and every one of you with a happy, healthy, and successful year!

### **Shabbos Encinitas**

Chabad of Encinitas will be hosting a beautiful Shabbos Encinitas on Friday, May 4<sup>th</sup> at 7pm. Please contact Rebbetzin Chaya or Rabbi Elia for further information. They may be reached at 760-586-6192 or via email to [EliaEilfort@gmail.com](mailto:EliaEilfort@gmail.com). Check out [www.JewishEncinitas.com](http://www.JewishEncinitas.com).

### **Barbecue Bounty is Coming...**

This year's Barbecue Bounty promises to be the best season ever as we are already hard at work making plans for YOUR enjoyment! The barbecue dinners will begin on Sunday, May 27<sup>th</sup> (Memorial Day Weekend) and continue on select Sundays in June and July. After the 9<sup>th</sup> of Av / Sunday, July 22<sup>nd</sup>, we go full bore till Labor Day. This year we are adding International Cuisine on Tuesdays, weekly Community Friday Night Dinners, and Steak Nights on Thursdays. Keep your eyes open as more information will be shared in the coming weeks.

### **A Comm-Unity for You (and Me)**

Belonging to a Jewish Community is not only gratifying and fulfilling it is also extremely important, for within the community one finds a place to connect with G-d and one's soul, a place of learning and spiritual enrichment, a great source of friends, a place to bestow one's Jewish legacy upon his or her child, and so much more. Check out [www.ChabadatLaCosta.com](http://www.ChabadatLaCosta.com) to learn more.

The beauty of OUR Jewish Community is that we offer so many different options that everyone is sure to find something enriching and meaningful. Below please find a partial list of some of our current offerings. If you have never come by before pick an item or two and try it out. If you have already tried an item or two find another one that sounds interesting and give it a whirl. "Connection" – that is the name of the game!

\*Shabbat Services    \*Weekly Kiddush Luncheon  
\*Mysticism Classes    \*Torah Portion Class  
\*Hebrew School    \*Bar/Bat Mitzvah Training  
\*Mommy and Me    \*Family Friday Nights & Dinner  
\*Women's Group    \*Youth Activities  
\*Pastoral Counseling    \*Holiday Programming  
\*Hospital Visitation    \*Weekly Email Updates

## May '18 / Iyar - Sivan - 5778

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Services 8:30am <b>Hebrew School</b> 9:30 – 12pm</p> <p style="text-align: center;">↓</p>	<p>Services 8am</p> <p style="text-align: center;">↓</p>	<p>1 Services 8am <b>JLI What is?</b> 7pm</p> <p style="text-align: center;">↓</p>	<p>2 Services 8am Torah Portion Class 7:30pm</p> <p style="text-align: center;">↓</p>	<p>3 Services 8am <b>Lag B'Omer &amp; C-Kids Event BBQ @ Shul</b> 5 – 8pm</p> <p style="text-align: center;">↓</p>	<p>4 Services 8am Light Candles 7:16pm <b>Fri. Night Live @ Chabad Encinitas</b></p> <p style="text-align: center;">↓</p>	<p>5 Services 10am Parshat Emor  Shabbat Ends 8:14pm</p> <p style="text-align: center;">↓</p>
<p>6 Services 8:30am <b>Hebrew School</b> 9:30 – 12pm</p>	<p>7 Services 8am</p>	<p>8 Services 8am <b>JLI What is?</b> 7pm</p>	<p>9 Services 8am <b>Torah Portion Class</b> 7:30pm</p>	<p>10 Services 8am <b>Read Hebrew America 7pm</b></p>	<p>11 Services 8am <b>Mom &amp; Tot Shabbat 11am</b> Light Candles 7:22pm</p>	<p>12 Services 10am Parshat Behar- Bechukotai <b>Mother's Day Kiddush</b> Shabbat Ends 8:20pm</p>
<p>13 Services 8:30am <b>Hebrew School</b> 9:30 – 12pm</p>	<p>14 Services 8am</p>	<p>15 Services 8am <b>JLI What is?</b> 7pm</p>	<p>16 Services 8am <b>Torah Portion Class</b> 7:30pm</p>	<p>17 Services 8am <b>Women's Challah Bake</b> 7pm</p>	<p>18 Services 8am <b>Family Services &amp; Meal</b> Light Candles 7:26pm</p>	<p>19 Services 10am Parshat Bamidbar Light Candles AFTER 8:26pm <b>Community Shavuot Dinner</b></p>
<p>20 <b>Shavuot</b> Services 10am <b>10 Commandments 11am</b> Dairy Kiddush with Ice Cream Bar 12:30pm Services 7:30pm Light Candles 8:27pm</p>	<p>21 <b>Shavuot</b> Services 10am <b>Yizkor 12pm</b> Dairy Kiddush with Ice Cream Bar 12:30pm  Holiday Ends 8:28pm</p>	<p>22 Services 8am <b>JLI What is?</b> 7pm</p>	<p>23 Services 8am <b>Torah Portion Class</b> 7:30pm</p>	<p>24 Services 8am <b>Women's Rosh Chodesh Event Flower Arrangements</b> 7pm</p>	<p>25 Rosh Chodesh Sivan Services 8am  Light Candles 7:31pm</p>	<p>26 Services 10am Parshat Naso  Shabbat Ends 8:31pm</p>
<p>27 Services 8:30am <b>NO Hebrew School</b>  <b>BBQ BOUNTY</b> 5-8PM</p>	<p>28 <b>Memorial Day Services</b> 8:30am</p>	<p>29 Services 8am <b>JLI What is?</b> 7pm</p>	<p>30 Services 8am <b>Torah Portion Class</b> 7:30pm</p>	<p>31 <b>CELEBRATE</b> <i>Shavuos with Us On Thurs, June 1 at 10am with Yizkor at 12pm &amp; Kiddush at 12:30pm.</i></p>	<p><b>PLAN AHEAD...</b> Register your child THIS month to save 5% &amp; pay in advance to save 10% on Hebrew School Tuition!</p>	<p><b>PLAN AHEAD...</b> Deadline for all Calendar Ads is June 30. Get yours in TODAY for 10% off!</p>

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*The Back Page*  
**Shavuot & Family Friday Night are Coming!**

The Holiday of Shavuot marks the anniversary on which G-d gave the Jewish people the Torah. This is considered the single greatest event in all of history. To celebrate we **make sure to attend the synagogue and listen to the Torah reading of the 10 Commandments (bring your friends, too)**. We also stay up (all night if possible) learning Torah, eat dairy meals, and joyously celebrate this awesome event. Please note the special services and times found in the shul Shavuot brochure.

***It is of particular importance that children attend. To this end we will have special activities planned for their benefit.***

We will celebrate Shavuot with great fanfare and joy! Following our inspirational services a grand dairy buffet (featuring an ice cream bar of epic proportions) will be served. We urge all of our friends to make plans now to join us on Sunday, May 20<sup>th</sup> and Monday, May 21<sup>st</sup>.

Additionally, we are offering gourmet community dinners on Shabbat Friday, May 18<sup>th</sup>, and Shavuot Saturday, May 19<sup>th</sup>. Please check our website for full details: [www.ChabadatLaCosta.com/Shavuos](http://www.ChabadatLaCosta.com/Shavuos). Members and locals are \$25 per adult and \$10 per child (3-12). Guests are \$36 and \$18. Reservations are necessary to attend.